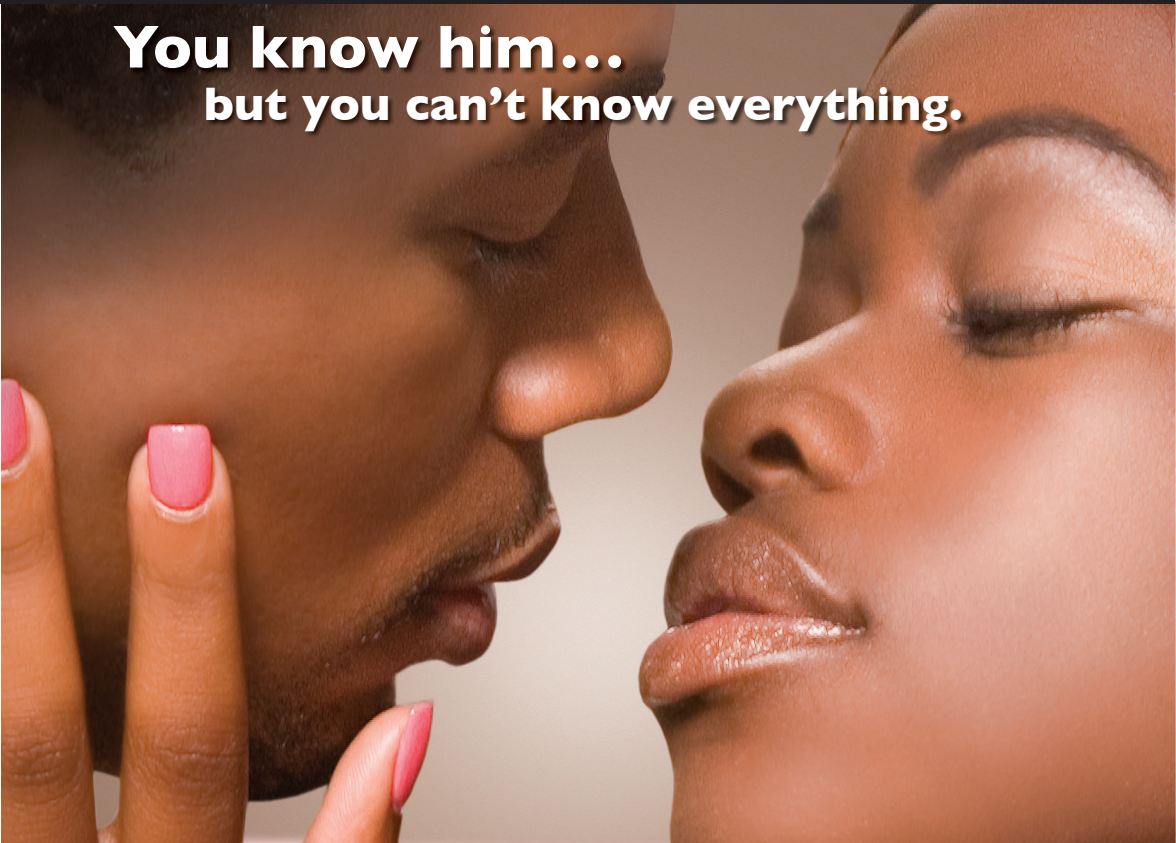


TAKE CHARGE.
TAKE THE TEST.

For a Man You Care About

Tear out this section and share it with an important man in your life.



What You Need to Know to Take Charge
Take the HIV Test

E0036/Revised August 2006

Printed in USA

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BBV_PNV_C0_1186_6x6Booklet_GeneralFlipOut_R4.inddd Saved at 12-1-2010 4:44 PM Printed At None

DEPARTMENT:	Art Director	Copywriter	Acct. Manager	Studio Artist	Proofreader	Traffic	Production
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APPROVAL:							

Addl. Notes: None

Client Porter Novelli
Media Type None
Live None
Trim 18" x 6"
Bleed None
Job Title TCTT Toolkit / Announcement / Collateral AAA logo
Pubs None
Ad Code None

YOU CAN CARE ABOUT YOUR MAN AND STILL
LOOK OUT FOR YOURSELF. GET AN HIV TEST.

For black women in the United States right now, there’s bad news
and there’s good news.

The bad news: Black women — more than any other women in the United States — are getting HIV.

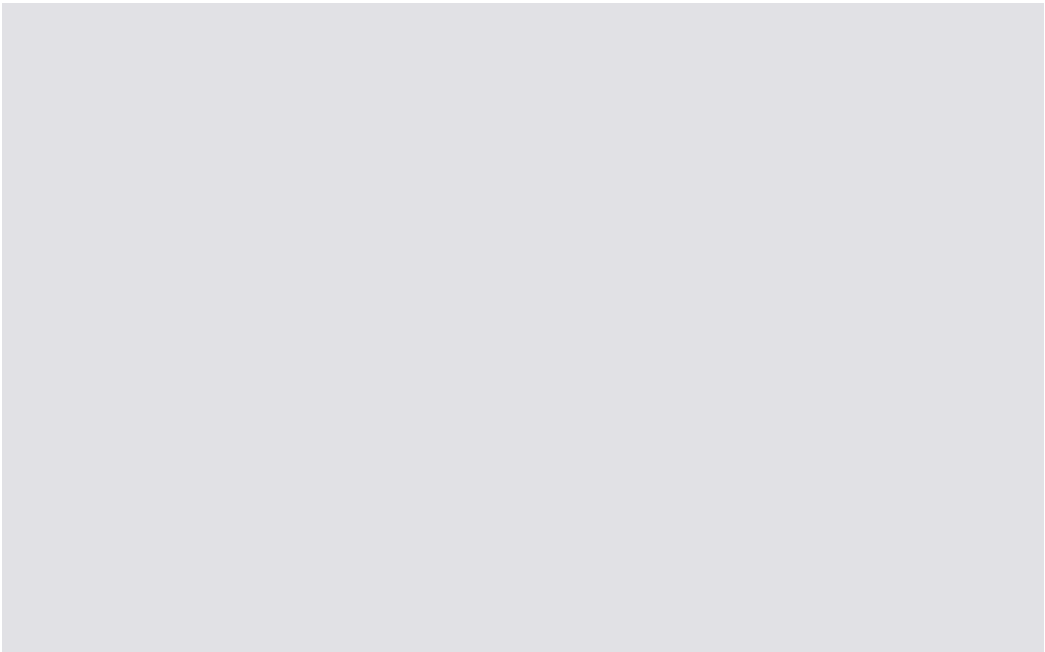
Of all the women living with AIDS in the United States, 60% are African American. Two out of three of these women got HIV by having unprotected sex with a man.

Sadly, strong black women in all kinds of relationships get HIV. Women in committed relationships. Faithful women. Women with a good man.

There’s also good news: More and more black women are taking a stand. They are standing up and getting tested for HIV. They are looking out for themselves and doing what they need to do to stay healthy.

BE UP TO THE TEST!

HIV/AIDS Resources In Your Area



Talk to your doctor about getting tested for HIV during your next visit. Take this booklet with you if you need help starting the conversation.

I learned some important facts about HIV/AIDS and HIV testing that I want to share with you.

- ▶ **Black people should pay attention.**
Sadly, HIV is affecting our community more and more these days. Almost half (48%) of the people living with HIV/AIDS in the United States are black.
- ▶ **Anyone can get HIV.**
It is NOT a gay man’s disease. Anyone who has had unprotected sex has a chance of getting HIV — male or female, gay or straight.
- ▶ **HIV testing can be free and easy.**
Many clinics and testing locations in our community offer free HIV tests. Many of them offer confidential and anonymous tests.
- ▶ **There is good news.**
No matter the HIV test result, treatment and support programs are available for everyone. And, for people who are HIV-positive, finding out early can help them stay healthy.

I learned this and much more and I’m going to get tested to look out for myself. If you’re interested, you, too, can learn more.

You can call **1-800-CDC-INFO (232-4636)** or visit **www.hivtest.org** to learn more about HIV testing or to find an HIV testing location near you.

Fiction: If you’ve got a good man, you won’t get HIV.

Fact: The truth is good men and good women get HIV. The only way to know you’re OK is to take the test.



From Someone Who Is Looking Out for
Herself and for You

